



MAY

2021

RULE ISD BREAKFAST



m
BREAKFAST PIZZA, FRUIT,
JUICE, MILK
3.

t
MINI PANCAKES, SAUSAGE,
FRUIT, JUICE, MILK
4.

w
SAUSAGE-EGG-CHEESE
BISCUIT, FRUIT, JUICE, MILK
5.

th
FRENCH TOAST, BACON,
FRUIT, JUICE, MILK
6.

f
CHICKEN BISCUIT, FRUIT,
JUICE, MILK
7.

10.
CHOCOLATE MUFFINS,
YOGURT, FRUIT, JUICE, MILK

11.
SAUSAGE, SCRAMBLED EGGS,
BISCUIT, GRAVY, FRUIT, JUICE,
MILK

12.
PANCAKE WRAP, YOGURT,
FRUIT, JUICE, MILK

13.
BREAKFAST PIZZA, FRUIT,
JUICE, MILK

14.
NO SCHOOL

17.
MANAGERS CHOICE

18.
MANAGERS CHOICE

19.
MANAGERS CHOICE

20.
MANAGERS CHOICE

21.
NO SCHOOL

24.
MANAGERS CHOICE

25.
MANAGERS CHOICE

26.
MANAGERS CHOICE

27.
CEREAL & CINNAMON TOAST,
FRUIT, JUICE, MILK
HAVE A GREAT SUMMER!

28.
SUMMER BREAK

31.
SUMMER BREAK

Special Announcements:
MENU SUBJECT TO CHANGE WITHOUT ADVANCE NOTICE DUE TO DELIVERY IRREGULARITIES



BERRY BLAST OFF

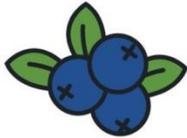


The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

NUMBER MATCH



1



5



6



3



DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
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